Canada’s 150th Anniversary ~ June 29th

Join us on June 29th for our Canada Day Celebration! There will be cake, refreshments and entertainment with Liz Alexander. Hope to see you on the 29th with your dancing shoes!

Celebrating our Mothers and Fathers

May 14, 2017

June 18, 2017
Event Highlights: May & June

Carda Fashion Show
Tuesday, May 2nd
Sunroom @ 2:00 pm

Mother’s Day Tea with Brian Zalo
Thursday, May 11th
Sunroom @ 2:30 pm

Lion & Lamb Heritage Farm
Friday, May 19th
Sunroom @ 2:30 pm

Birthday Party with Allan Boolinoff
Thursday, June 8th
Sunroom @ 2:30 pm

Father’s Day Party with Michael
Friday, June 16th
Sunroom @ 2:30 pm

Canada Day Party with Liz
Thursday, June 29th
Sunroom @ 2:30 pm

We welcome family & friends to join us for our events!
On March 17th, the staff at Suncreek Village wore their green for St Patrick’s Day. In the morning we were entertained by the Sionnaine Irish Dancers. The girls were dressed in their beautiful new costumes and big hair. They kicked up their heels and thrilled the crowd with their dancing. These girls have such poise and finesse. The crowd was captivated by each of their performances. Every year we look forward to the arrival of this group on St. Patrick’s Day.

In the afternoon, the festivities continued and we were entertained by Michael Kennel. Music, green juice and cupcakes were a great way to end a perfectly Irish day.

Volunteer Appreciation Week

The last week of April is Volunteer Appreciation week. It’s a time to give back to our valued volunteers here at Suncreek Village.

A Volunteer Appreciation Tea was held to thank all of the volunteers, for giving their time and efforts to improve the quality of our residents lives. We have many volunteers who come to support our monthly programs, run the gift shop and develop meaningful relationships with our residents here. A special recognition was given to Betty Revai for her years of volunteering, support and friendship to our residents. Betty organizes and purchases items for the gift shop, participates at all entertainment days, helps out with Christmas market, and the list goes on....

Nonetheless, A BIG THANK YOU to all our volunteers! Your time and effort are greatly APPRECIATED!!

It was indeed a fun and enjoyable afternoon of giving back to all our volunteers!
The Sun creek Village resident s have been busy getting this year’s garden started. From selecting the seeds, to planting the seeds, and nurturing the seedlings, the project is off to a great start. Now that the days seem to be finally warming up, the seedlings have been spending more time outside getting ready to be transplanted.

This year we have started tomatoes, onions, snap peas, cucumbers, corn, sunflowers, peppers, radishes, pumpkins and zucchini. We are hoping for a great growing season, and looking forward to a wonderful harvest!

A special thank you to Gordon, who is doing a great job caring for our new plants!

**Chef’s Specials**

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<td><strong>Lunch</strong></td>
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<td>Roasted Corn Chowder</td>
<td>Roast Leg of Lamb</td>
<td>Mushroom &amp; Spinach Stuffed Crepe</td>
<td>Medallions of Pork Tenderloin with Maple Ginger Pears</td>
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<td>Crab Melts</td>
<td>Roast Potato Wedges</td>
<td>Ginger Sweet Potato Broccoli</td>
<td>Roasted Potato Served with Tomato and Green Beans</td>
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<td>Assorted Baby Greens with Blueberries and Spiced Honey Cake</td>
<td>Minted Peas</td>
<td>Strawberries Romanoff</td>
<td>Flourless Chocolate Cake with Raspberry Sauce</td>
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<td>Raspberry Vinagrette</td>
<td>Orange Parfait</td>
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Senior Spotlight

Alfred Morin

Alfred was born in Sayabec, Quebec on January 18, 1927 and moved to Switzerland at the age of 3. He spent his childhood growing up in the French part of Switzerland, “Renan”. Alfred speaks French, German and some Italian. Alfred is the youngest of 5 children. He has 2 brothers and 2 sisters who bossed him around while growing up.

Alfred went to a college in La Chaux – De-Fonds. During his teenage years, he was a security guard for about 6 months to a year. He quit his job at the age of 17. One day he packed a bag and travelled through Europe and Africa; more specifically, France, Belgium and Algeria for a span of 5 years.

Alfred married his wife, Betty in 1960 when he was 33 years old. Betty and Alfred had 2 daughters; Denise and Linda. Alfred now has 3 granddaughters. Alfred says that he is surrounded by his girls. Unfortunately, after being in and out of the hospital for 4 years Betty passed away in 2004. Alfred lived on his own until he met his girlfriend, Glennis in 2009.

Alfred loved to travel and enjoyed playing the accordion! In Switzerland he loved going to the gun range and in France he liked to participate in bicycle races. Alfred’s life lesson is that “If you want something done then you should do it yourself” and also “you need to get out there and see the world, it is a beautiful place”.

Written by: Gunisha and Tiarra (Volunteers of Suncreek)

Social Worker

As many of you may already know, we bid Alison, our social worker a farewell as she retired last month. We will certainly miss her and wish her well! She has promised to come back and visit.

We would like to welcome Lineth Hizon our new social worker. Lineth is a registered social worker with a Bachelor of Social Work from Thompson Rivers University. Her Bachelor’s Degree included a specialization in working with seniors and families. Lineth received her Leadership and Applied Public Affairs Certificate at Trinity Western University with a focus on human rights and justice during her time on Parliament Hill.

Since 2015, Lineth has worked with seniors, adults and families with lived experiences of acquired brain injuries (ABI) and dementia. She takes a strengths-based approach to her practice, helping people identify their individual coping mechanisms and harness their personal resilience. Lineth brings a strong understanding of and respect for a collaborative approach. She has an open-door policy and she is deeply committed to the well-being of the residents she works with. Lineth is looking forward to meeting our residents and families!
From the Director of Care Services

Warmer Weather
As we wait eagerly for some warm weather, we want to encourage family members to feel free to bring in an electric fan for resident rooms. Please remember all electrical equipment must be approved by maintenance for safety. Central areas are air conditioned, but resident rooms are not and can get warm in the summer. We will be reminding and assisting residents with hydrating as much as possible, but we encourage family members to do the same for their loved ones when visiting!

Cold and Flu Reminder
We are not in the clear from Flu Season as there continue to be influenza outbreaks noted in the community. Remember if you are experiencing any cold symptoms (or have been around anyone who has been ill), please refrain from visiting until you are feeling better.

SOS Initiative
On our journey for continuous quality improvement Suncreek Village remains involved in many initiatives. We continue to strive to provide the best possible care we can. We recently had a team participate in a ‘Save Our Skin’ (SOS) initiative. This team is sharing their knowledge and expertise, and working on the prevention of pressure sores at our site.

In May we will be celebrating our Nurses during National Nurse’s week, May 8th to 14th. We are thankful for our hard working team, who love caring for our residents. When you have a moment do stop and take a look at our Nurses Week display in the main lobby.

Suncreek Courtyards
Our recreation department and volunteers have been preparing our gardens for the summer. The tulips have bloomed and the grounds are being prepared for residents and families to enjoy! We encourage our residents to have a hat to wear, and their own designated sun screen so they can go out and enjoy the sun!
Rehabilitation Department

EQUIPMENT LOAN PROGRAM

Contact Information
At Sun creek Village we strive to provide the best care possible for our residents. The short term equipment loan program is another way to meet the needs of our residents in the best and most efficient manner.

If you have any further questions regarding our equipment loan program – contact Rehab staff at ext. 202.

Rehab Department

Volunteers Welcome!
Sun creek Village is very fortunate to have had such wonderful volunteers. In the past we have been blessed with students from the local high schools that have been a great support to our team!

We welcome dedicated long term volunteers!

Please contact our Recreation Department for any questions or interest!

Family Council

Next Family Council Meetings:

• Tuesday, May 16, 2017
• Tuesday July 11, 2017

at 4:30pm in the Community Room.

All are welcome to come participate and advocate for better quality of care at Sun creek.
Mission
The Sun creek Team, in partnership with Fraser Health, serves our community by providing the best possible care and quality of life to our residents. We do this by creating a human habitat where residents and staff can grow and thrive.

Vision
Our vision is to care for our elders as best we can and to have staff happy doing this while we become a leader in residential care through learning, growth, and redevelopment.

Values
In fulfilling our mission and striving to achieve our vision we hold these shared values and use them to guide our decisions and actions:

- Resident focused
- Respect
- Equity
- Teamwork/Collaboration
- Diversity.

Sun creek Village Contact Information

Front Desk  Ext #101
frontdesk@suncreekvillage.ca

Director of Care Services
Noni Magon  Ext #103
noni@suncreekvillage.ca

Social Worker
Lineth Hizon Ext #203
socialwork@suncreekvillage.ca (Wednesdays & Thursdays 8:30-4:30)

Rehab
RV Villanueva  Ext #202
rehab@suncreekvillage.ca

Nutritional Manager/ Support Services
Greg Caverly  Ext #108
greg@suncreekvillage.ca

Dietitian
Chrissie Ohlund (Wednesday)
Ext #107

Recreation Therapist
Jackie Berg  Ext #204
recreation@suncreekvillage.ca

Homes/Nurse Extensions

1st Floor
Lotus  Ext #111
Dahlia  Ext #211
Marigold  Ext #311

2nd Floor
Magnolia  Ext #121
Iris  Ext #221
Dogwood  Ext #321
Lily  Ext #421

Creating a human habitat for our Elders