

























# FEBRUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>(CR) Community Room (SR) Sunroom (FR) Family Room (RA) Rehab Area</p>		<p>Suncreek Village Store with Betty Saturdays 10:30 - 11:30am Village Cart Service Saturdays 1:30 - 2:30pm</p>	<p>spread the love</p> 	<p>1 9:30 Christian Communion (CR) 10:20 Crossword Puzzles (CR)  2:00 Warm-Up Fitness (SR) 2:20 Bocce Bingo (SR)  4:00 Valentine's Day Decorating</p>	<p>2 <b>Groundhog Day!</b> 10:00 Fitness Group (CR) 10:30 Fun Facts about Groundhog Day! (CR)  2:30 Christian Fellowship (CR)  4:00 Valentine's Day Decorating</p>
<p>3 10:00 Catholic Church Service (CR)  2:00 Armchair Travel (CR)</p>	<p>4 10:00 Warm-Up Fitness (CR) 10:20 Target Toss (CR)  2:00 Pic-To-Word (CR)</p>	<p>5 <b>Happy Chinese New Year!</b>  10:00 Chinese New Year Activity (CR) 2:00 Music Therapy (Dogwood)  2:00 Spa Social (CR)</p>	<p>6 10:00 Fitness Group (CR) 10:00 Fitness Group (RA)  2:00 Men's Active Games (SR) 2:00 Ladies' Tea Social (RA)  4:00 Music Therapy (Iris) </p>	<p>7 10:00 Sikh Prayers (CR)  2:00 Bingo! (CR)   6:30 Love Song Sing- Along (CR) </p>	<p>8 10:00 Spa Social (CR) 10:00 Aromatherapy (Iris)  2:00 Surprise Active Game! (CR)  4:00 Music Therapy (Marigold) </p>	<p>9 10:00 Music &amp; Movement (CR)  2:00 Valentine's Movie Matinee (CR) </p>
<p>10 10:00 Catholic Church Service (CR)  2:00 Valentine's Day Bingo! (Lotus) </p>	<p>11 10:00 Warm-Up Fitness (CR) 10:20 Ring Toss (CR)  2:00 Chai Tea Social (CR)</p>	<p>12 10:30 Lunch Outing to Ricky's Restaurant (meet in Lobby)  3:30 Bingo! (CR) </p>	<p>13 10:00 Valentine's Day Craft! (CR)  2:00 Valentine's Day Baking! (FR)  2:00 Board Games (SR)  4:00 Music Therapy (Dahlia)</p>	<p>14 <b>Happy Valentine's Day!</b> <b>Wear Pink / Red!</b>  10:00 Sikh Prayers (CR)  2:00 Warm-Up Fitness (CR) 2:20 Sweetheart Bocce Ball (CR)  6:30 Valentine's Day Party with Liz Alexander (SR)</p>	<p>15 9:30 Fitness Group (SR)  2:30 Snakes &amp; Ladders (SR)  4:00 Music Therapy (Lily) </p>	<p>16 10:00 Wheel of Fortune (CR)   2:00 Warm-Up Fitness (CR) 2:20 Bowling (CR)  4:00 Adult Colouring (Iris)</p>
<p>17 10:00 Catholic Church Service (CR)  2:00 Warm-Up Fitness (CR) 2:20 Ladies' Choice Active Games! (CR) </p>	<p>18  <b>BC Family Day</b></p>	<p>19 10:00 Coffee Corner (Dogwood &amp; Iris) 10:00 Coffee Corner (Lotus &amp; Dahlia)   2:00 Ukulele Group Performance (SR) </p>	<p>20 10:00 Warm-Up Fitness (CR) 10:20 Carpet Darts (CR)  2:00 One-To-One Visits (Lower Homes)  3:15 Resident Council Meeting (CR)</p>	<p>21 10:00 Sikh Prayers (RA)  1:30 Regent Christian Academy Visits (SR)  3:00 Art Therapy (CR)  6:30 Card Games (CR)  6:30 Jigsaw Puzzles (Lily)</p>	<p>22 10:00 Baking Group! (FR)   1:30 Bingo! (SR)   3:00 Catholic Mass Service (CR)</p>	<p>23 10:00 Fitness Group (CR) 10:30 Fun Facts (CR)   2:00 Scrapbook Club (SR)  4:00 Music Therapy (Lotus) </p>
<p>24 10:00 Trivia Time (CR)  2:00 Warm-Up Fitness (CR) 2:20 Men's Choice Active Games (CR)</p>	<p>25 10:00 Warm-Up Fitness (CR) 10:20 Bean Bag Tic-Tac-Toe (CR)  3:45 Music with Jared (Lower Neighbourhoods) </p>	<p>26 10:00 Scenic Drive (meet in Lobby) 10:00 Warm-Up Fitness (SR) 10:20 Horseshoes (SR) 1:30 Salvation Army (CR)  3:00 Board Games (CR)</p>	<p>27 <b>Pink Shirt Day</b>  <b>10:00 Pink Shirt Day Craft (SR)</b>  2:00 Warm-Up Fitness (SR) 2:20 Ladder Ball (SR) 4:00 Music Therapy (Magnolia)</p>	<p>28 10:00 Sikh Prayers (CR)  2:30 Birthday Party with Kevin Johnson (SR)   6:30 Card Games (CR) 6:30 Jigsaw Puzzles (Marigold)</p>	<p>February 27th  <b>Make Some Noise Against Bullying</b></p>	<p><i>Programs are subject to change; please contact the Recreation Department for any questions or concerns: 604-591-5177 EXT. 204</i></p>