































April 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 April Fools Day! 10:00 Warm-Up Fitness (CR) 2:20 Golf! (CR) 2:00 Just for Giggles! (CR)	2 10:00 Warm-Up Fitness (CR) 10:20 Springtime Bocce Ball (SR) 2:00 Green Thumb Group (SR)  4:00 One-to-One Visits (Iris)	3 10:00 Coffee Corner (Lotus & Dahlia) 10:00 Coffee Corner (Dogwood & Lily) 1:00 Neighbourhood Visits (Magnolia) 3:00 Bingo! (CR) 	4 10:00 Sikh Prayers (CR) 10:00 Sensory Activities (Lily) 1:30 Aromatherapy (Dahlia) 3:00 Hangman (CR)  6:30 Name That Tune! (CR) 6:30 One-To-One Visits (Upper Neighbourhoods)	5 9:30 Christian Communion (CR) 10:20 Wheel of Fortune! (CR)  2:00 Baking Time! (FR)  4:00 One-to-One Visits (Lower Neighbourhoods)	6 10:00 Fitness Group (CR) 10:30 Fun Facts! (CR) 2:00 Movie Matinee & Popcorn! (CR)  
7 10:00 Catholic Church Service (CR) 2:00 Warm-Up Fitness (CR) 2:20 Bean Bag Toss (CR)	8 10:00 Warm-Up Fitness (CR) 10:20 Horseshoes (CR) 2:00 Unscrambled (SR) 2:00 Ladies' Tea (CR) 	9 10:00 Green Thumb Group (SR)  2:00 Ukulele Group Performance (SR)  3:45 Spa Social (CR) 4:00 One-to-One Visits (Iris)	10 10:00 Warm-Up Fitness (CR) 10:20 Noodle Hockey (CR) 2:00 Bingo! (CR)  4:00 One-to-One Visits (Lily)	11 10:00 Sikh Prayers (CR) 10:00 Sensory Activities (SR) 1:30 Regent Christian Academy Visits (SR) 3:00 Word Within a Word (CR) 6:30 Evening Music Performance with Peter Tennant (Courtyard)	12 10:00 Bubble Paint Hydrangeas Craft (CR) 2:00 Vaisakhi Celebration with Sweets & Treats! (SR) 4:00 Aromatherapy (Marigold)	13 10:00 Fitness Group! (CR) 10:30 Fun Facts (CR) 2:30 Christian Fellowship (CR) 4:00 Aromatherapy (Iris)
14 Happy Vaisakhi!!  10:00 Catholic Church Service (CR) 2:00 Chai Tea Social (CR) 	15 10:00 Warm-Up Fitness (CR) 10:20 Ladder Ball (CR) 2:00 Jeopardy! (CR)  2:00 Sensory Activities (SR)	16 10:00 Spa Social (CR) 10:00 Men's Active Games (SR) 2:00 Green Thumb Group (SR)  4:00 One-to-One Visits (Iris)	17 10:00 Warm-Up Fitness (CR) 10:20 Golf (CR) 1:00 Neighbourhood Visits (Magnolia) 3:00 Resident Council Meeting (CR)	18 10:00 Sikh Prayers (CR) 10:00 Sensory Activities (Iris) 1:30 Easter Egg Water Colour Painting (CR) 3:00 One-To-One Visits (Lotus) 5:30 Dining In! (CR)	19 	20 10:00 Easter Adult Colouring & Crafts (SR)  2:00 Baking Lemon Poppyseed Muffins (FR) 
21   10:00 Catholic Church Service (CR) 2:00 Board Games (SR)	22 10:00 Warm-Up Fitness (CR) 10:20 Target Toss (CR) 2:00 Card Games (CR) 	23 10:00 Green Thumb Group (SR)  1:30 Salvation Army Visits (SR)  3:30 Ladies' Tea (CR) 	24 10:00 Charades! (CR) 1:30 One-to-One Visits (Marigold & Dogwood) 3:00 Bingo! (CR) 	25 10:00 Sikh Prayers (CR) 10:00 Sensory Activities (SR) 2:30 Birthday Party with Liz Alexander (SR)  6:30 Bowling! (CR) 6:30 One-To-One Visits (Lower Neighbourhoods)	26 10:00 Warm-Up Fitness (CR) 10:20 Snakes & Ladders (CR) 1:30 Name That Tune! (CR)  3:00 Catholic Mass Service (CR)	27 10:00 Fitness Group! (CR) 10:30 Courtyard Walks (West Courtyard) 2:00 Bubble Paint Hydrangeas! (CR)
28 10:00 Warm-Up Fitness (CR) 10:20 Mini Golf (CR) 2:00 Card Games! (CR) 	29 10:00 Warm-Up Fitness (CR) 10:20 Springtime Bocce Ball (CR) 2:00 The Price is Right! (CR)	30 10:00 Coffee Corner (Iris & Magnolia) 10:00 Coffee Corner (Marigold) 2:00 Green Thumb Group (SR) 4:00 One-to-One Visits (Iris)	(CR) Community Room (SR) Sunroom (FR) Family Room (RA) Rehab Area	Suncreek Village Store with Betty Saturdays 10:30 - 11:30am Village Cart Service Saturdays 1:30 - 2:30pm	Our Green Thumb Group will always meet in the Sunroom before going to the East Courtyard 	<i>Programs are subject to change and are weather dependent. Please contact the Recreation Department for any questions or concerns: 604-591-5177 EXT. 204</i>